

Disclaimer and Agreement Form for Hypnotherapy Session.

I, the undersigned Client, acknowledge that I have been informed of the following information:

_____ is a certified hypnotherapist. Hypnotherapist agrees to provide professional services in accordance with acquired training and experience giving undivided attention during scheduled consultations to facilitate Client's benefits. Hypnotherapist's work is Client-centered. Services provided utilize induction of hypnosis, and methods and principles used to help clients discover their inner creative abilities to develop positive thinking and feeling, and to transform undesirable thoughts, habits and behavior patterns. Therapeutic goals are to achieve freedom from restrictive thought and belief systems, to assist in solving personal problems, developing motivation and achieving goals. _____ may teach the client to use self-hypnotic techniques to assist in achieving goals and resolving issues that have been mutually agreed upon by Client and Hypnotherapist.

Hypnosis is a natural state of mind that can produce extraordinary levels of relaxation of mind, body and emotions. The principles and theories upon which hypnotherapy is based are accessing and utilizing the power of one's inner resources. Hypnosis can transcend the critical, analytical level of mind, and facilitate the acceptance of suggestions, directions and instructions desired by the Client. The therapeutic use of hypnosis can also elicit information and insights from the subconscious and superconscious levels of the mind. The Hypnotherapist utilizes interviews, discussion and hypnotic methods dealing with underlying issues whenever appropriate, with the goal of achieving effective and lasting results. Services to be provided do not include the practice of medicine, as hypnotherapists are not licensed physicians.

_____ is not a US licensed physician, does not diagnose, prescribe medication or treat clients as a physician does. Hypnotherapy services are complementary to the healing arts services that are licensed by the state. The California State Legislature has determined that state licensing may not be conferred upon an occupational group for purposes of status or prestige. The primary purpose of licensing laws for legally defined Healing Arts and Mental Health professionals is to protect public health and safety. Accordingly, Hypnotherapists are not issued licenses by any state governmental agency to engage in their professional services.

I, _____ have acquired Certification in Hypnotherapy from the National Guild of Hypnotists.

I, the undersigned client, realize that my own success depends on my own commitment to improving the situation that brings me to the session. I acknowledge that _____ is not diagnosing, prescribing for or treating any physical or mental ailments and I do not hold her responsible for them. I give permission to _____ to use hypnosis techniques on me. I understand that hypnotherapy sessions are not psychotherapy but a therapeutic alternative aimed at creating positive changes in my life. Any conclusion I draw from the hypnotherapy session or responses I have are mine and mine alone. I take full responsibility for myself. I release the hypnotherapist whatsoever regarding my hypnotherapy session. I understand not to use the audio recordings of the hypnosis sessions I'll receive while I am driving the car or performing any dangerous activities. I understand that there is a 24 hour cancellation policy. In order to cancel or reschedule a session I agree to call at least 24 hours in advance, I agree to pay _____ for any missed appointments. I understand this information and I am willing to give it my best.

I, _____ acknowledge that I have been advised of the foregoing information, and that I have been given a copy of this "Client Agreement " form.

Client's Signature _____ Date: _____